

# The Screwtape Letters by C.S. Lewis (1942)

This is a series of letters written from a senior [Screwtape] to a junior [Wormwood] demon. The reader needs to remember what the demon sees as good is evil & Jesus is his enemy. Wormwood is encouraged to distract the patient from pray & worship with rituals & religion. They play with our emotions; and take advantage of our low points in life.

Humans are half spirit & half animal; the spirit is eternal, but as animals we inhibit time. Demons are hungry & want to devour; Christ is full & wants to give. They hate it when we feel forsaken, but still obey. They want us to have an ever-increasing craving for an ever-diminishing pleasure.

They like extremes; either a pessimist or optimist can be distracted from reality. They want us to waste time & separate us from Him. The more often we feel without acting the less we will act. They want to destroy the family & our commitment to love. Demons detest music & silence, but love noise. They love to combine fear & hate.