

Chicken Soup for the Soul

by Jack Canfield & Mark Hansen (1993)

This is the 1st of many follow up books with short inspirational stories. Some of them are:

1. A study was done on 200 boys in slums & found most grew up to be successful. When asked why, they said a teacher loved them.
2. A hunchback man fell in love with a beautiful woman, but she was not interested. He told her that God said he would marry a hunchback girl, but he asked that she be pretty & he would have the hump. She married him.
3. A teacher gave an assignment to recognize others. One boy thanked a man for helping him; who then did the same to his boss; who then took time to tell his son how much he loved him. The son hugged his dad & told him he was planning on committing suicide the next day because he thought his dad didn't love him, but now he won't do it.
4. A girl needed a blood transfusion & her little brother volunteered. As he was giving blood, he asked the doctor if he would die right away.
5. A teacher had each student write something nice about every student in class. She typed them for each student & gave it to them. Years later some mentioned how much that meant.
6. One man started a chess club in Harlem & taught those kids self-confidence.
7. A 6-yr old boy wanted to make bumper stickers for peace. Mark Hansen gave him tapes [sell yourself rich] & loaned him \$500. He did great!
8. At 15, John Goddard wrote 127 big goals for his life & did most of those adventures. Some examples are to explore major rivers, mountains, countries, & more.
9. One woman saved 400 children from the fall of Vietnam.
10. One man saved 14 children from the rubble of the 1989 Armenian earthquake.

Quotes: "Obstacles are those frightful things you see when you take your eyes off your goal." (Henry Ford) "Help someone who can't reciprocate." (John Wooden)

Books: Scarlet Letter (Hawthorne); Search for Meaning (Victor Frankl); Jonathon Livingston Seagull (Richard Bach);