One Minute Millionaire by Mark Hansen & Robert Allan (2002)

This book includes a great novel & self-help book. Every minute, someone in the world becomes a millionaire. If 15% of our efforts produce 85% of our results, then concentrate on the 15%. The journey to financial freedom starts the minute you decide that you were destined for prosperity. Buckminster Fuller said precession (the bi-product) if far more important than the intended goal (ie cross-pollination vs. making honey), or unexpected positive things happens as value is added.

Not having something to believe in is the most stressful condition a person can face. Everything begins with a thought. You are the fruit of the thoughts you have planted and nourished. Like a magnet, you attract the resources necessary to manifest the world you desire. The primary reason to get is to have more to give. Be your own cheerleader, not critic. Know your net worth every year. Irving Berlin gave the rights to "God Bless America" to the Boy & Girl Scouts (over \$5million in royalties).

Most people can't handle rejection and that's why they are not rich. Read our goals as if they are already achieved. What service, product or information will I render to reach my goals? Winners have passion, talent, values & a sense of destiny. A lot of getting over fear is doing the thing you are afraid of. The seeds of a lodgepole pine are only released from the cone by a wildfire. What you think is projected through the airways to others around you. Leave a profound legacy in the footprints of time.

Cultivate your intuition. Replace one bad habit with a good habit that will bring you closer to you goals every month. Get a mentor & help him reach his goals. TEAM stands for together everyone achieves miracles. Buying an apartment complex & converting them to condos, they were able to sell each unit to the tenants at substantially below market value & make a profit. Our thoughts are being broadcast subliminally through our body language, our posture, our words and our eyes. Be quick to build connections and slow to break them.

Converting residential property to commercial can triple the value. In 1948 George Mestral came back from a hike with burrs on him and thought...He patented Velcro in 1955. Team up with a charity to use their contacts & your product to split the profits. Search the internet for free information from the government to provide to your clients. Create an electronic magazine sent out via e-mail.

Exercise helps you work more productively. Use a SYSTEM to save you time energy & money. Get money working for you instead of you working for money. When buying an investment property add "and/or assigns" after your name gives you the right to buy or assign it to someone else. Buy the worst house in the best neighborhood. People are more likely to buy products for something they love (golf, chocolate, coffee, finances, etc). Write what I'm passionate about or have expertise in and sell information to others.

<u>Declarations:</u> I am abundant in every good way and my abundance is making everyone better off. I can do it. I am worthy. I'll start now with what I have. I am rich, successful and standing under the spout where all good things pour out. They probably need what I'm selling. This just might be the answer they've been looking for. All it takes is a dream, a team, and a theme to create a stream of perpetual income.

Take action: Snap a rubber band on your wrist every time you have a negative thought.

Money skills of prosperous people:

- 1. Value each dollar as a money seed to work for you
- 2. Manage money (budget, shop for value, examine receipts, pay bills on-time)
- 3. Save at least 10% and invest it to grow (protect against risk)
- 4. Give at least 10% to charities (create a legacy foundation)
- 5. Have multiple streams of income
- 6. Setup trusts, corporations, limited partnerships to shield assets

www.oneminutemillionaire.com sign in & get free website training, a value survey, etc

QUOTES:

A victim blames, a victor learns (Robert Allen). It is much easier to ride a horse in the direction it's going (Abe Lincoln). Failure is the opportunity to begin again more intelligently (Henry Ford). Feed your dreams; starve your doubts (Mark Hansen). The best solution to a problem is almost always the simplest solution (William Occam). A single conversation with a wise man is worth a month's study of books (Chinese proverb). If you tell me who your heroes are, I can tell you how you're going to turn out in life (Warren Buffett). Most people's lives are a direct reflection of their peers (Tony Robbins). No man becomes rich unless he enriches others (Andrew Carnegie). You can everything you want if you help enough other people get what they want (Zig Ziglar).

Other books to read:

Acres of Diamonds (Russell Conwell); Seven Habits of Highly Successful People (Steve Covey); Networking with Millionaires (Tom Stanley); How to Win Business & Influence Friends (Tim Sanders); Greatest Management Principle in the World (Mike LeBoeuf); Attracting Perfect Customers (Stacy Hall);

Read biographies on businesses and Buckminster Fuller, Winston Churchill,