

# Proof of Heaven by Dr. Eben Alexander (2012)

10Nov2008 he wasn't feeling well & ended up in the hospital with bacterial meningitis [E. coli]. His spinal fluid was full of pus that caused severe brain illness. He went into a coma. He had only 10% chance of surviving & then his quality of life would be dismal. His family was by his side all the time. Prior to this he didn't give **near death experiences** [NDE] much credit. But as he slipped from this world, he was drawn to another.

He felt a message from God [he calls Om (short for Omni everything)] that was: **You are loved.** You have nothing to fear. And there is nothing you can do wrong. He was escorted by a young girl. She told him he would go back [to earth]. As he thought questions in his mind, the answer came to him in thoughts & his surroundings. He felt unconditional love & part of the Divine.

He was quite content in Heaven & didn't even think about his life on Earth. But people were praying for him & he started feeling he would betray his son if he left now. He opened his eyes after a week in a coma. Doctors felt his case was a miracle & without precedent.

He started writing his NDE down on paper. Then he studied NDE. He was adopted & when he first tried to contact his biological parents he was rejected again. At that time, he turned his back on God. But he finally met them in 2007. After his NDE his birth sister sent him a photo of his sister he never knew [it was his Heavenly escort].

Quotes: "Evil was necessary because without it free will was impossible, and without free will there could be no growth." "We are free beings hemmed all around by an environment conspiring to make us feel that we are not free." "Each & every one of us is deeply known & cared for by a Creator who cherishes us beyond any ability we have to comprehend." "Our eternal spiritual self is more real than anything we perceive in this physical realm." (EA)

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as if everything is." **"I must be willing to give up what I am in order to become what I will be"** (Albert Einstein)

Books: Life After Life (Raymond Moody); Irreducible Mind

Links: